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## The contribution of cell cycle dysregulation to metastasis and cancer recurrence

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### Abstract

Cell cycle dysregulation is a hallmark of cancer, contributing significantly to tumorigenesis, metastasis, and cancer recurrence. This paper explores the mechanisms by which disruptions in cell cycle regulation facilitate cancer progression and metastasis, examining the roles of key cell cycle regulators such as cyclins, cyclin-dependent kinases (CDKs), and CDK inhibitors. Additionally, the paper discusses how cell cycle dysregulation contributes to therapeutic resistance and cancer recurrence, highlighting potential therapeutic strategies to target these pathways and improve clinical outcomes.

**Keywords:** Cell cycle dysregulation, tumorigenesis, cyclin-dependent kinases (CDKs), therapeutic resistance, cancer recurrence

### Introduction

Cancer is characterized by uncontrolled cell proliferation, driven largely by dysregulation of the cell cycle. The cell cycle comprises a series of tightly regulated phases-G1, S, G2, and M, that ensure accurate DNA replication and division. Key regulators of the cell cycle include cyclins, cyclin-dependent kinases (CDKs), and CDK inhibitors (CKIs), which work together to control the progression through these phases. Dysregulation of these components can lead to unchecked cell division, contributing to tumorigenesis, metastasis, and cancer recurrence. Understanding the mechanisms by which cell cycle dysregulation drives these processes is crucial for developing effective cancer therapies.

### Objective of the Paper

To explore how cell cycle dysregulation contributes to cancer progression, metastasis, and recurrence, and to examine potential therapeutic strategies targeting these mechanisms.

### Cell Cycle Dysregulation in Cancer

Cell cycle dysregulation is a fundamental characteristic of cancer, often involving alterations in cyclins, cyclin-dependent kinases (CDKs), and CDK inhibitors (CKIs). These disruptions lead to uncontrolled cell proliferation, a hallmark of tumorigenesis. Overexpression of cyclins, particularly cyclin D1, cyclin E, and cyclin B, is frequently observed in various cancers and is associated with poor prognosis. Cyclin D1 promotes the transition from the G1 phase to the S phase of the cell cycle by activating CDK4 and CDK6. This activation leads to the phosphorylation of the retinoblastoma protein (RB1), resulting in the release of E2F transcription factors that drive the expression of genes necessary for DNA synthesis and S phase entry. Amplification or overexpression of cyclin D1 can thus lead to unchecked cell cycle progression, contributing to tumor growth and progression (Fu *et al.*, 2004; Wang *et al.*, 2017) <sup>[10]</sup>.

Similarly, CDK dysregulation is common in cancer. CDK4 and CDK6 are often hyper-activated in tumors due to amplification or overexpression, leading to uncontrolled cell proliferation. For instance, CDK4/6 activity is essential for cell cycle progression in hormone receptor-positive breast cancers, and inhibitors targeting these kinases have shown clinical efficacy (Sherr, 1996; Asghar *et al.*, 2015) <sup>[2, 5]</sup>. On the other hand, CDK inhibitors such as p21, p27, and p16, which normally inhibit CDK activity and induce cell cycle arrest, are frequently downregulated or functionally inactivated in cancer.

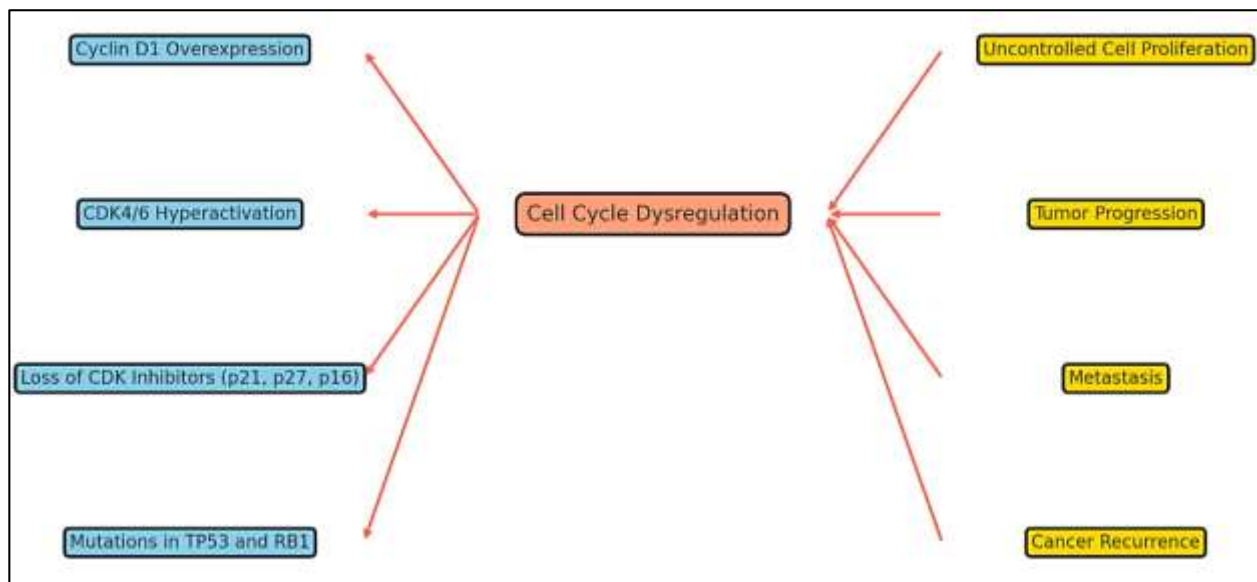
The loss of CKIs removes critical brakes on the cell cycle, facilitating unregulated cell division. For example, the downregulation of p27 has been associated with poor prognosis in several cancers, including breast, colorectal, and prostate cancers (Loda *et al.*, 1997; Slingerland and Pagano, 2000)<sup>[13, 14]</sup>.

Mutations in tumor suppressor genes such as TP53 and RB1 also contribute significantly to cell cycle dysregulation. TP53, commonly known as p53, is a crucial regulator of the cell cycle and genomic integrity. It induces cell cycle arrest or apoptosis in response to DNA damage. Mutations in TP53, which occur in over 50% of human cancers, impair its ability to halt the cell cycle, allowing damaged cells to continue proliferating and accumulating further genetic aberrations (Vousden and Lane, 2007)<sup>[11]</sup>. Similarly, the loss of RB1 function disrupts cell cycle control at the G1/S checkpoint, promoting unrestrained cell proliferation. RB1 mutations or deletions are commonly observed in retinoblastoma, osteosarcoma, and small-cell lung cancer, underscoring its role as a critical gatekeeper of the cell cycle (Weinberg, 1995)<sup>[12]</sup>.

Relevant studies have highlighted the impact of these alterations on cancer progression. For example, the

overexpression of cyclin D1 has been linked to breast cancer development and progression, with studies showing that cyclin D1 overexpression correlates with increased cell proliferation and tumor aggressiveness (Arnold and Papanikolaou, 2005)<sup>[16]</sup>. Similarly, research has demonstrated that the functional inactivation of p27 through phosphorylation leads to its degradation, promoting cell cycle progression and tumorigenesis in prostate cancer (Gao *et al.*, 2014)<sup>[11]</sup>. The critical role of p53 in cancer is underscored by studies showing that restoring p53 function in mouse models of cancer can lead to tumor regression, highlighting its potential as a therapeutic target (Ventura *et al.*, 2007)<sup>[15]</sup>.

In conclusion, cell cycle dysregulation in cancer involves complex alterations in the regulatory machinery controlling cell proliferation. The overexpression of cyclins, hyperactivation of CDKs, and loss of CKIs and tumor suppressor functions collectively drive uncontrolled cell division, contributing to tumorigenesis. Understanding these mechanisms is crucial for developing targeted therapies aimed at restoring normal cell cycle control and inhibiting cancer progression.



**Fig:** Cell Cycle Dysregulation in Cancer

### Cell Cycle Dysregulation and Metastasis

Cell cycle dysregulation plays a significant role in the metastasis of cancer. Metastasis is the process by which cancer cells spread from the primary tumor to distant sites, leading to the formation of secondary tumors. This complex process involves several steps, including local invasion, intravasation, survival in the circulation, extravasation, and colonization of distant tissues. Disruptions in cell cycle regulation can facilitate each of these steps, contributing to the aggressive and invasive nature of metastatic cancer cells. Cyclin D1, a key regulator of the G1/S transition, is frequently overexpressed in various cancers and has been implicated in promoting metastasis. Overexpression of cyclin D1 can enhance the metastatic potential of cancer cells by driving epithelial-mesenchymal transition (EMT), a process in which epithelial cells lose their cell-cell adhesion properties and gain migratory and invasive capabilities. Studies have shown that cyclin D1 can upregulate the expression of EMT markers such as N-cadherin and

vimentin, while downregulating E-cadherin, facilitating the detachment and invasion of cancer cells. For example, Lin *et al.* (2000)<sup>[17]</sup> demonstrated that overexpression of cyclin D1 promotes EMT and increases the metastatic potential of breast cancer cells.

CDK4 and CDK6, when hyper-activated, can also contribute to metastasis by promoting cell proliferation and survival. These kinases phosphorylate RB1, leading to the release of E2F transcription factors that drive the expression of genes required for cell cycle progression. In metastatic cancer cells, hyperactivation of CDK4/6 can support the proliferative needs of cells that have detached from the primary tumor and are invading new tissues. Inhibitors targeting CDK4/6, such as palbociclib, have shown efficacy in reducing metastasis in preclinical models by inducing cell cycle arrest and reducing cell proliferation.

The loss of CDK inhibitors (CKIs) such as p21, p27, and p16 is another critical factor in metastasis. These CKIs normally function to restrain cell cycle progression by

inhibiting the activity of CDKs. Downregulation or inactivation of CKIs removes these brakes, allowing cancer cells to proliferate unchecked. Loss of p27, for instance, has been associated with increased invasiveness and poor prognosis in various cancers, including breast and prostate cancers. Research by Philipp-Staheli *et al.* (2001) [3] indicated that reduced expression of p27 correlates with enhanced metastatic potential and aggressive tumor behavior.

Mutations in tumor suppressor genes such as TP53 and RB1 further exacerbate cell cycle dysregulation and metastasis. TP53, commonly known as p53, plays a crucial role in maintaining genomic integrity by inducing cell cycle arrest or apoptosis in response to DNA damage. Mutations in TP53, which occur in more than half of all human cancers, impair its ability to halt the cell cycle and promote apoptosis, allowing genetically unstable cells to survive and metastasize. Studies by Muller *et al.* (2011) [4] have shown that mutant p53 can promote invasion and metastasis by enhancing the expression of genes involved in cell migration and invasion.

RB1 is another critical tumor suppressor that regulates the G1/S transition. Loss of RB1 function leads to deregulated cell cycle progression and has been linked to increased metastatic potential. The inactivation of RB1 allows for continuous cell proliferation, even under conditions that would normally induce cell cycle arrest. Research by Dick and Rubin (2013) [8] demonstrated that RB1 loss promotes metastasis by facilitating cell cycle progression and allowing cancer cells to evade growth-inhibitory signals.

### Cell Cycle Dysregulation and Cancer Recurrence

Cell cycle dysregulation is a major factor in cancer recurrence, which occurs when cancer returns after a period of remission following initial treatment. Recurrence is often driven by residual cancer cells that survive therapy and eventually re-enter the cell cycle to proliferate and form new tumors. The mechanisms underlying cancer recurrence are complex and multifaceted, involving cell cycle dysregulation, therapy resistance, and tumor cell plasticity.

One of the key factors in cancer recurrence is the ability of cancer cells to evade cell cycle checkpoints and resist therapy-induced cell cycle arrest. For example, mutations in the TP53 gene, which encodes the p53 protein, are common in many cancers and are associated with poor prognosis and high rates of recurrence. The p53 protein plays a critical role in maintaining genomic stability by inducing cell cycle arrest or apoptosis in response to DNA damage. When TP53 is mutated, p53 loses its ability to halt the cell cycle, allowing damaged cells to survive and proliferate. Studies such as those by Vousden and Lane (2007) [1] have shown that TP53 mutations are found in over 50% of human cancers and are strongly correlated with treatment resistance and recurrence.

CDKs, particularly CDK4 and CDK6, are often hyperactivated in recurrent tumors. These kinases drive cell cycle progression from the G1 to the S phase, promoting cell proliferation. Inhibitors of CDK4/6, such as palbociclib, have been developed to target these kinases and induce cell cycle arrest. However, cancer cells can develop resistance to CDK4/6 inhibitors through various mechanisms, including the upregulation of alternative cyclins or CDKs, which allows them to bypass the G1 checkpoint and continue proliferating. Research by Asghar *et al.* (2015) [5] highlights

how adaptive resistance to CDK4/6 inhibitors contributes to cancer recurrence.

CKIs such as p21, p27, and p16 are crucial for maintaining cell cycle control and preventing unchecked proliferation. In many cancers, these inhibitors are downregulated or functionally inactivated, removing critical brakes on the cell cycle. The loss of CKIs facilitates the survival of cancer cells after treatment, enabling them to re-enter the cell cycle and drive tumor recurrence. Philipp-Staheli *et al.* (2001) [3] demonstrated that reduced expression of p27 is associated with poor prognosis and increased recurrence rates in several cancers, including breast and prostate cancers.

Another significant factor contributing to cancer recurrence is the presence of cancer stem cells (CSCs), a subpopulation of cells within the tumor that possess stem-like properties, including the ability to self-renew and differentiate. CSCs are often more resistant to conventional therapies, which typically target rapidly dividing cells but may spare the quiescent CSCs. These CSCs can remain dormant for extended periods before re-entering the cell cycle and driving tumor recurrence. Studies by Phi *et al.* (2018) [7] have shown that targeting CSCs and their cell cycle regulatory mechanisms is crucial for preventing recurrence and improving long-term outcomes in cancer therapy.

Therapeutic resistance also plays a crucial role in cancer recurrence. Cancer cells can acquire resistance to chemotherapy and radiation through various mechanisms, including alterations in drug targets, activation of alternative signaling pathways, and enhanced DNA repair capabilities. For example, the overexpression of cyclin E has been linked to resistance to DNA-damaging agents in breast cancer. Cyclin E drives the transition from the G1 to the S phase and its overexpression can allow cancer cells to evade cell cycle arrest induced by therapy, leading to recurrence. Research by Bedrosian *et al.* (2004) [9] demonstrated that high levels of cyclin E are associated with poor response to therapy and increased risk of recurrence in breast cancer patients. Furthermore, the tumor microenvironment plays a critical role in cancer recurrence. Factors such as hypoxia, nutrient deprivation, and immune evasion can create a supportive niche for residual cancer cells to survive and eventually proliferate. The interaction between cancer cells and the surrounding stroma can also contribute to therapy resistance and recurrence. For instance, the secretion of growth factors and cytokines by stromal cells can activate survival and proliferation pathways in cancer cells, facilitating their escape from therapy-induced cell cycle arrest. In conclusion, cell cycle dysregulation is a key driver of cancer recurrence, enabling residual cancer cells to survive therapy and re-enter the cell cycle to form new tumors. Mechanisms such as TP53 mutations, hyperactivation of CDKs, loss of CKIs, presence of CSCs, and therapeutic resistance all contribute to the complex process of recurrence. Understanding these mechanisms is critical for developing targeted therapies to prevent recurrence and improve long-term outcomes for cancer patients. Relevant studies underscore the importance of addressing cell cycle dysregulation to effectively combat cancer recurrence.

### Conclusion

Cell cycle dysregulation plays a critical role in cancer progression, metastasis, and recurrence by enabling uncontrolled cell proliferation, evasion of apoptosis, and

therapeutic resistance. Understanding the mechanisms by which cell cycle regulators contribute to these processes is essential for developing targeted therapies. Advances in CDK inhibitors and other strategies targeting cell cycle dysregulation offer promising avenues for improving cancer treatment outcomes and reducing the burden of metastatic and recurrent disease. Future research should continue to explore the intricate relationship between cell cycle control and cancer to identify novel therapeutic targets and optimize existing treatments.

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